**Combating AAPI Racism in the Age of COVID-19**

**Some Ways You Can Act:**

* Check in with your colleagues, graduate students, and family and friends in the AAPI community
* Consider watching and discussing the 23-minute Combating AAPI Racism in Age of Covid-19 [educational video](https://www.youtube.com/watch?v=qKgoFNU1if8&t=2s) in one or more of your graduate courses
* Raise awareness about what is happening and share resources with school and university partners to support AAPI youth and families (see below)
* Support local and/or national advocacy organizations working to ensure the safety and well-being of the AAPI community
* If you witness behavior that is racist or discriminatory, immediately report the incident following your university and/or school’s procedure and advocate for anti-racism training in your school and higher education settings.

**Resources for Faculty Members and students:**

* The White House Briefing Room - [Memorandum Condemning and Combating Racism, Xenophobia, and Intolerance Against Asian Americans and Pacific Islanders in the United States](https://www.whitehouse.gov/briefing-room/presidential-actions/2021/01/26/memorandum-condemning-and-combating-racism-xenophobia-and-intolerance-against-asian-americans-and-pacific-islanders-in-the-united-states/)
* American Psychological Association statements to [destigmatize the virus](https://www.apa.org/news/press/releases/2020/03/destigmatizing-coronavirus) and [how to combat bias](https://www.apa.org/news/press/statements/combating-covid-19-bias.pdf)
* National Association of School Psychologists (NASP) tips for how [educators can counter coronavirus stigma and racism](https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/countering-coronavirus-stigma-and-racism-tips-for-teachers-and-other-educators)
* Learning for Justice - [Speaking Up Against Racism Around the New Coronavirus](https://www.learningforjustice.org/magazine/speaking-up-against-racism-around-the-new-coronavirus?utm_source=Learning+for+Justice&utm_campaign=30c4664359-Newsletter+2-9-2021&utm_medium=email&utm_term=0_a8cea027c3-30c4664359-83186307)
* Pew Research Center: [Many Black and Asian Americans Say They Have Experienced Discrimination Amid the COVID-19 Outbreak](https://www.pewresearch.org/social-trends/2020/07/01/many-black-and-asian-americans-say-they-have-experienced-discrimination-amid-the-covid-19-outbreak/)
* [Asian Americans Advocating for Justice guide](https://advancingjustice-aajc.org/covid19) to document and address anti-Asian racism
* [Stop AAPI Hate](https://stopaapihate.org/)
* [Harvard University’s AAPI COVID-19 Project](https://www.aapicovid19.org/)
* Racial Equity Tools created a resource page for coping with and advocacy for anti-Asian racism: [COVID-19-Racial Equity and Social Justice Resources](https://www.racialequitytools.org/resources/fundamentals/resource-list/covid-19---racial-equity-and-social-justice-resources)
* [Combating AAPI Hate in Age of COVID-19](https://www.calfac.org/pod/combating-aapi-hate-age-covid-19?utm_campaign=&utm_medium=email&utm_source=bundle_and_blast) An Educational Curriculum for Our Students as Hate Crimes Increase During COVID-19
* Lastly, for our Asian students and colleagues, here is a resource that may be helpful: [Self-Care Tips for Asian Americans Dealing with Racism amid Coronavirus](https://www.huffpost.com/entry/self-care-advice-asian-americans_l_5e83a656c5b6a1bb764f0e45).